

Advanced Diploma in Beauty and Wellness (ADBW)

Duration: 1 Year (2 Semesters)

Semester – I

| **S. No. | Paper Numerical Unique | Class & Papers | Paper Name / Subject |
|----------|------------------------|----------------|-------------------------------------|
| 1 | ADBW101 | 1ADBW1 | Advanced Skin Science & Cosmetology |
| 2 | ADBW102 | 1ADBW2 | Hair & Scalp Treatments (Advanced) |
| 3 | ADBW103 | 1ADBW3 | Professional Makeup & Styling |
| 4 | ADBW104 | 1ADBW4 | Beauty Therapy with Modern Machines |

Course Details (Semester – I)

- **Advanced Skin Science & Cosmetology** – Skin anatomy, modern therapies, skin disorders.
 - **Hair & Scalp Treatments (Advanced)** – Rebonding, smoothening, hair spa, dandruff & scalp care.
 - **Professional Makeup & Styling** – Bridal, HD, photoshoot, fashion makeup.
 - **Beauty Therapy with Modern Machines** – Laser basics, ultrasonic facials, dermabrasion.
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Semester – II

| **S. No. | Paper Numerical Unique | Class & Papers | Paper Name / Subject |
|----------|------------------------|----------------|----------------------|
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| **S. No. | Paper Numerical Unique | Class & Papers | Paper Name / Subject |
|-----------------|-------------------------------|---------------------------|---|
| 1 | ADBW201 | 2ADBW1 | Aromatherapy & Herbal Beauty Treatments |
| 2 | ADBW202 | 2ADBW2 | Spa & Body Therapy Techniques |
| 3 | ADBW203 | 2ADBW3 | Wellness & Nutrition Science |
| 4 | ADBW204 | 2ADBW4 | Internship / Project in Salon or Spa |

Course Details (Semester – II)

- **Aromatherapy & Herbal Beauty Treatments** – Essential oils, natural packs, herbal therapies.
- **Spa & Body Therapy Techniques** – Body massage, spa therapies, relaxation techniques.
- **Wellness & Nutrition Science** – Diet, fitness, yoga & lifestyle for beauty.
- **Internship / Project in Salon or Spa** – Practical exposure in real salon/spa environment.